

# HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

## Rangeley Family Medicine to hold second Free Flu Shot Clinic The Free October 18 Clinic is Open to the Public

RANGELEY – If you haven't had your free flu shot yet, it isn't too late! Rangeley Family Medicine will hold a second free flu shot clinic on Tuesday, October 18, from noon to 1:00 PM. Please note that the clinic will take place in the upper level of the Health Center.



Vaccines will be available to everyone at no cost, while supplies last, thanks to generous support from the Rangeley Region Health and Wellness Partnership. Insurances will not be billed. Donations to the Health Center, however, are welcome.

According to the Maine Center for Disease Control, influenza is a serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently. Even healthy people can get very sick from the flu and spread it to others. An annual seasonal flu vaccine is the best way to reduce the chances that you will get seasonal flu and spread it to others. When more people get vaccinated against the flu, less flu can spread through that community.

Rangeley Family Medicine is located at 42 Dallas Hill Road in Rangeley. For more information, contact the Health Center at (207) 864-3303 or visit [www.RangeleyCHC.org](http://www.RangeleyCHC.org).

Rangeley Family Medicine is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Rangeley offers a range of services including family medical care, counseling, and care management to residents of Rangeley, Oquossoc, Stratton, Phillips, Eustis, Avon and neighboring towns. Our reduced fee program is available to uninsured and underinsured residents.

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